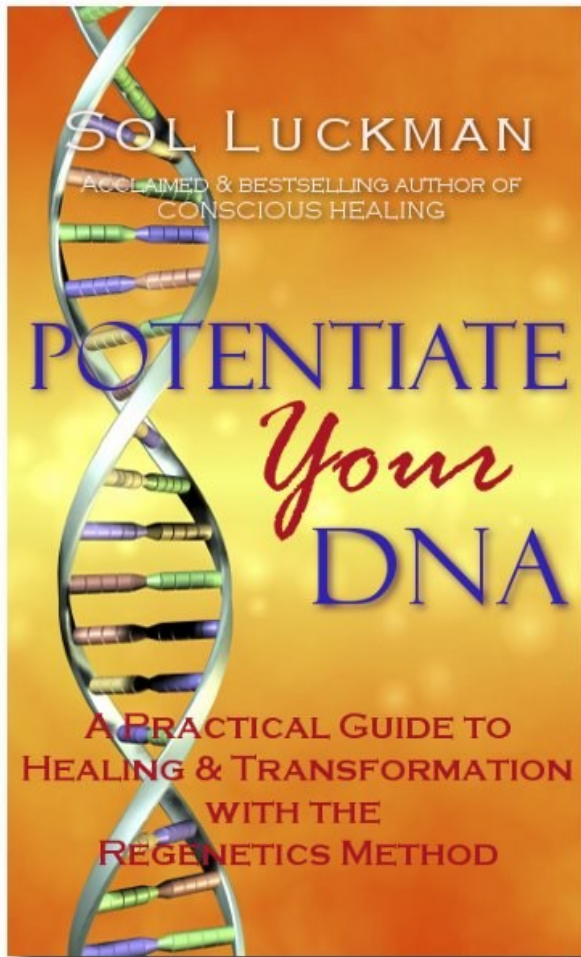


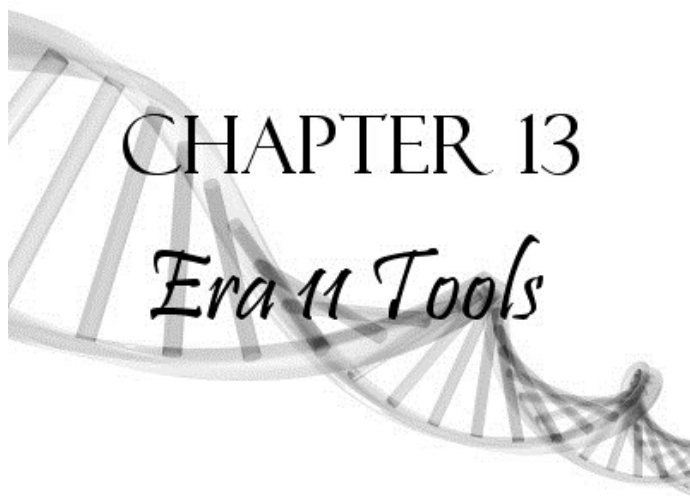
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# CHAPTER 13

## *Era II Tools*

Era I tools are designed to assist the body in benefiting from the energies of Potentiation and the Regenetics Method. As noted, nurturing the physical vehicle of our spiritual identity is an important aspect of conscious personal mastery, or learning to embody unconditional love of ourselves and others as one.

At the close of the last chapter, while discussing the related subjects of detoxification and the Homeopathic Effect commonly experienced by potentiators, we began touching on Era II tools that center on one's conscious awareness of the inner workings of healing and transformation.

In this chapter, moving beyond genetics and the body, we will explore a number of epigenetic concepts for using the mind to maximize and integrate Potentiation's meta-genetic mechanism of bioenergy repatterning.

Remember, our individualized, localized mind is not meant to *control* anything with regard to experiencing DNA activation—which is directed by the collective, nonlocal intelligence of the consciousness field.

Tools associated with our personal awareness are to be employed epigenetically in order simply to *manage* the meta-genetic process of becoming whole.

The two foregoing paragraphs go a long way in explaining why Regenetics has proven to be extraordinarily helpful even for people who, because of age or illness, are incapable (mentally or physically) of utilizing any supplemental tools whatsoever.

That said, the Era I and Era II tools outlined herein absolutely can enhance the effectiveness of this work for those able and willing to implement them. As always, when deciding what to do and when to do it, listen to your intuition.

With regard to conscious personal mastery, trust in and surrender to the wisdom and ability of our Higher Self is just as important in mental matters as with physical ones.

*Only by opening ourselves to the guidance of the Higher Self, which we access by listening to our heart, can we heal and transform sufficiently to fulfill our true purpose and live with authenticity as spiritual beings on a human journey.*

Over the course of the following sections, detailed instructions are given for:

1. Determining your (or another's) Electromagnetic Group and corresponding Schematic;
2. Interpreting and utilizing your Electromagnetic Schematic (Figures 15, 16, and 17) ; and
3. Intentionally promoting your own conscious personal mastery on a daily basis.

*Self-potentiators will need to determine their own Electromagnetic Group and matching Schematic.* This should be easy after a thoughtful reading of this chapter.

If you still have questions, or wish to connect with others experiencing this work, please consider joining the Regenetics Method Forum by visiting **[www.phoenixregenetics.org](http://www.phoenixregenetics.org)** or **[www.potentiation.net](http://www.potentiation.net)**. Again, a special subgroup has been created for self-potentiators.

*Potentiation recipients should be made aware of their Electromagnetic Group and Schematic by whoever facilitated their session.*

Potentiation recipients also should be given a hard or electronic copy of this chapter, which readers have permission to photocopy for private, noncommercial use. Alternatively, this chapter can be downloaded at either of the above websites.

Individuals having received Potentiation from someone else likewise are invited to join the Regenetics Method Forum—where additional information on Potentiation and the rest of the four-part Regenetics Method is provided.

## **An Easy Way to Muscle Test**

The main reason to use muscle testing, or kinesiology, in the context of Potentiation is to determine your own or another's Electromagnetic Group and corresponding Schematic.

*This section applies mainly to self-potentiators and facilitators.* If you have been potentiated by someone else, feel free to skim down to Determining a Person's Electromagnetic Group—where the central concept of bioenergy families is introduced.

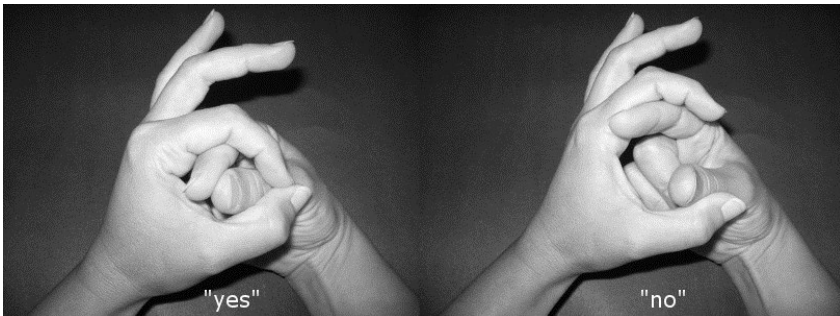
The basic methodology behind most approaches to kinesiology, which is a veritable science employed by thousands of healthcare practitioners worldwide, is outlined below.

We will learn the O-ring Muscle Test (Figure 14). But if you are competent in and prefer another kinesiological technique, by all means use it!

Typically in muscle testing, you start by asking—either vocally or mentally—a “yes or no” question of yourself or another person.

Then you test yourself or another to produce an identifiable muscular response to the question. A strong response indicates a *yes*; a weak response signals a *no*.

With the O-ring technique shown in Figure 14, one hand makes a ring with the thumb and forefinger. The other hand tries to break the ring by inserting into it the thumb and forefinger and expanding them.



**Figure 14: O-ring Muscle Test**

The above images show a simple kinesiological technique for self-testing and surrogate self-testing.

When the thumb and forefinger of the first hand separate owing to the pressure of the second hand, this means the ring is weak and the answer to the question is no.

When the thumb and forefinger remain strong and together despite the pressure, the answer is yes.

Testing for yourself is called *self-testing*. Testing through yourself on behalf of someone else, which has been demonstrated to be just as effective as self-testing, is *surrogate self-testing*.

Although healthcare providers may choose otherwise, most readers of this book sharing Potentiation with family or friends are advised to use surrogate self-testing in order to avoid potential legal hassles.

In other words, unless you are a licensed and insured healthcare professional, *you should test through yourself and refrain from touching recipients during sessions*.

After performing your own or another's Potentiation, you can use the O-ring Muscle Test when asking a question such as, "Was this Potentiation performed correctly enough to produce significant positive results?"

If you have done your homework as a facilitator, the answer to this particular question almost certainly will be yes. A yes does not assure, however, that benefits automatically will be forthcoming.

As explained in Chapter Eight, the recipient plays a critical role in accepting and actualizing his or her own healing through the Regenetics Method.

Obviously, it is a good idea to practice muscle testing with questions to which you already know the answer until you feel that your testing is accurate most of the time.

*No kinesiological technique is infallible, so learn to live with an occasional wrong answer. Practicing nonattachment to the outcomes of your tests increases their accuracy dramatically.*

Muscle testing is a helpful tool for gathering information on its own. But it is most effective when used not in isolation, but in association with other methods of assessment—including instinct, observation, and common sense.

In the next section, we will walk through how to employ kinesiology in conjunction with other data points to identify your own or another's Electromagnetic Group.

## **Determining a Person's Electromagnetic Group**

During the development of Potentiation, while Leigh and I were field testing as described in Chapter Three, we made an extraordinary discovery that literally changed our view of human nature.

Most writers on metaphysical subjects labor under the assumption that because human biology appears roughly the same across our species, human bioenergy must be uniform as well. But nothing could be more untrue.

On the basis of extensive kinesiological and experiential evidence, Leigh and I identified twelve different bioenergy families that together compose the larger human family.

*These twelve different subgroups are not distinguished by race or ethnicity, but solely by their underlying ener-genetic blueprint.*

In order to emphasize that we were discussing groups differentiated only by energy, at the time we decided to name these twelve families Electromagnetic Groups.

Never mind that the energy in question technically is not electromagnetic, but torsion energy—which I also have called bioenergy and consciousness (see Chapter Three).

Energetically, the twelve bioenergy families correspond to the twelve pairs of cranial nerves, with each group contributing to humanity's "collective Mind."

These twelve groups also align with the twelve acupuncture meridians, the twelve months, the twelve signs of the zodiac, and even Earth's twelve tectonic plates.

What unites these strikingly unique energetic families is their shared "operating system": DNA and, underwriting genetics, the meta-genetic consciousness field that subsumes all twelve groups.

Significantly, *each Electromagnetic Group possesses a specific arrangement in its bioenergy blueprint that applies to all members* (Figures 15, 16, and 17).

This is a truly consequential revelation because in the context of DNA activation, it renders individual diagnosis superfluous. One has only to ascertain the correct Electromagnetic Group and learn to read the corresponding Schematic in light of one's personal experience—and much is made clear on its own.

While potentiating thousands of individuals from different backgrounds and countries over the years, Leigh and I also discovered that—for reasons that lie beyond the scope of this book—Figures 15, 16

and 17 apply to the overwhelming majority of people attracted to the Regenerics Method.

The rationale for including Schematics for only three of the twelve Electromagnetic Groups is based on the fact that *there is virtually a one hundred percent chance that if you find yourself reading these words, one of the three Schematics in the next section applies to you.*

Additionally, the need to simplify and streamline this material for readers new to the field of DNA activation also has been taken into account.

Now, if you recently have performed your own or another's Potentiation, it is time to use the O-ring muscle test described above to determine the correct Electromagnetic Group.

The most straightforward way to do this is to muscle test, either for yourself or the person you have potentiated, the following three questions in order:

1. *Is the recipient of this Potentiation a member of Electromagnetic Group 1?*
2. *Is the recipient of this Potentiation a member of Electromagnetic Group 2?*
3. *Is the recipient of this Potentiation a member of Electromagnetic Group 3?*

Often, you will receive a clear yes to one of these three questions and clear no's to the other two. But sometimes, you will get two or more yeses, or even three no's—which means you should retest all three questions, in reverse order, to see if a definitive response emerges.

Having established your Electromagnetic Group, putting in some time to learn to interpret and work with your Schematic is the next step (see below).

If you have determined the Electromagnetic Group of someone you have potentiated, make sure that, whenever appropriate, you provide the person with this information along with this chapter at your earliest convenience.

On very rare occasions, muscle testing can fail to reveal the right bioenergy family. This possibility, however slight, highlights the importance of employing additional methods of assessment in order to ensure the accuracy of your findings.

Here, by far the most important thing you need to know is that Electromagnetic Groups are always matrilineal. In other words, *children automatically belong to the same Electromagnetic Group as their biological mothers.*

Be aware that *the same does not apply to fathers and their children*, who can be—and often are—members of different Electromagnetic Groups. Similarly, *the rule of matrilineality has no bearing on adopted children*.

If you ever have doubts about someone's bioenergy family after testing, you can repeat your questions for the person's biological mother (regardless of whether she is still living). Alternatively or additionally, you can test for the Electromagnetic Group of a mother's child.

By comparing the results of more than one test while looking for patterns of similarity, usually it is easy enough to identify the correct Electromagnetic Group of the entire maternal line.

Another form of assessment that can help you sort through any fuzziness in your testing is to listen to your gut instinct. Especially when you have no preconceptions relative to the Electromagnetic Group, in many instances your intuition will be right on the money.

Finally, as we explore the similarities and contrasts characterizing the three Schematics below, you will acquire even more fine-tuned assessment tools owing to the fact that different Electromagnetic Groups exhibit marked predispositions to particular kinds of illness.

## **Reading Your Electromagnetic Schematic**

Once you know your Electromagnetic Group, understanding your underlying bioenergy blueprint is an essential tool for maximizing conscious personal mastery through Potentiation and the Regenerics Method.

Without this information, many important body-mind-spirit shifts that can occur as a result of this work might make little sense, be downplayed, or even go unnoticed.

In the case of individuals you have potentiated who are unable to familiarize themselves with their Electromagnetic Schematic, such as young children, be sure to keep this information in mind on their behalf while observing any changes that take place in them during the 42-week Potentiation cycle.

Your Electromagnetic Schematic matches your Electromagnetic Group in number, so start by identifying the blueprint (Figure 15, 16, or 17) that corresponds numerically to your bioenergy family.

Initially, you are encouraged to focus on learning to read your own Schematic. But over time, especially if you begin potentiating family and



friends, it can be interesting, useful and even necessary to develop some skill in interpreting all three Schematics.

Since I belong to Electromagnetic Group 1 and know it like the back of my hand, I will use Figure 15 in teaching you the basics of reading any Electromagnetic Schematic.

The structure of the Schematic in Figure 15 is that of a simple grid chart, with a horizontal and vertical axis showing various points of intersection between the bioenergy centers and the elements connected to them.

The horizontal axis contains information relative to eight different categories (“Genetics,” etc.) listed across the top that are discussed momentarily. Blanks (—) indicate no applicable information for a given category.

The vertical axis indicates the number and position of the bioenergy centers, starting with the Master (Source) Field and descending through the other centers from the ninth to the first.

The Master Field can be thought of as the collective ocean of the consciousness field, or the Consciousness of Love made up of pure torsion energy in the form of love and related feelings of creativity, empathy, gratitude, and the like (Figures 1, 4, and 9).

From the universal creative consciousness that is love, humans’ own nine bioenergy fields emerge like sound waves, before being translated by potential DNA into equivalent light frequencies that manifest as the nine chakras (Figures 3 and 10a).

In the Regenetics model, the interface between a sonic bioenergy field and a light-based chakra is called a *bioenergy center*. A bioenergy center, composed of a field and its chakra, constitutes an ener-genetic *ecosystem*—the nature of which is defined in the next section.

As explained in Part I, the bioenergy fields control our various physiological functions. The chakras are merely torsion processors that distribute bioenergy, as instructed by the fields, to the appropriate organ systems and glands.

The numbers in the left-hand column (vertical axis) refer to both the bioenergy fields and the more well-known chakras, with 1 indicating the first field and root chakra, 2 indicating the second field and sex chakra, 3 indicating the third field and solar plexus chakra, and so on (Figures 3 and 10a).

**Electromagnetic Schematic 1**

Bioenergy Centers	Categories							
	Genetics	Gland(s)	Organ(s)	Toxin(s)	Microorganism(s)	Emotions	Miasms	Conditions
<b>Master (Source Field)</b>	-	-	-	-	-	Creativity, Empathy, Gratitude, Faith, Love, Trust, Unity	-	-
<b>9</b>	DNA	Salivary	Nervous, Gall Bladder, Liver	-	-	Atonement, Resentment, Sense of Being Trapped, Unforgiveness	-	Anemia, Cirrhosis, Gallstones, Jaundice, Multiple Sclerosis (MS), Neurosis, Parkinson's Disease
<b>8</b>	Mitochondrial DNA	Hypothalamus, Lacrimal	Sinus/Lumbic, Olfactory	-	-	Despair, Grief, Melancholy, Yearning	-	Depression, Sinusitis, Seasonal Affective Disorder (SAD), Infectious Diseases
<b>7</b>	Cytosine, RNA	Parathyroid	Bladder/ Kidney/ Urinary, Musculoskeletal	Antibiotics, Fluoride, Root Canal Toxins, Vaccines	Intestinal Flora (includes Candida)	Apathy, Despair, Disappointment, Disillusionment, Frustration, Hopelessness, Lack of Faith, Stress	Vaccination, Will	ADD/ADHD, AIDS, Arthritis, Autism, Candidiasis, CIPDS (CFS), Fibromyalgia, Incontinence, Kidney Stones, Leukemia, Lupus, Multiple Chemical Sensitivity (MCS), Osteoporosis, Scholosis
<b>6</b>	Adenine	Sweat	Auditory, Dermal, Mucous Membrane, Respiratory	Airborne Allergens, Bacterial Toxins, Heavy Metals, Metallic Dental Materials	Bacteria, Mycobacteria, Mycoplasmas, Spiroplasma	-	Psora, Tuberculosis	Acne, Asthma, Bronchitis, Dandruff, Eczema, Environmental Allergies, Hearing Loss, Inner Ear Infection, Psoriasis, Tinnitus, Vertigo
<b>5</b>	Thymine	Pituitary	Circulatory, Endocrine	Chlorinated Hydrocarbons, Hydrocarbons	Homeostatic Soil Organisms (HSOs)	Ambition, Desire, Greed, Lust	Syphilitic, Thuja Focal	Adrenal Disorder, Bipolar Disorder, Co-dependency, Counter-dependency, Endocrine Imbalances, Heart Disease, Hemophilia, Hot Flashes, Hypertension
<b>4</b>	Guanine	Pineal	Brain, Central Nervous, Optical	Artificial Sweeteners, Food Additives, Food Colorings, Genetically Modified Organisms (GMOs), Processed Sugars	Yeasts	Abandonment, Arrogance, Betrayal, Confusion, Pride, Rejection	Gonorrhea, Psychotic	Alzheimer's, Diabetes, Dyslexia, Encoprolitis, Food Allergies, Glaucoma, Hypoglycemia, Insomnia, Migraine, Obsessive-compulsive Disorder (OCD), Psychosis
<b>3</b>	Uracil	Adrenal, Thymus	Immune	Mechanical Fields, Pharmaceuticals, Radioactive Metals, Recreational Drugs, Smoke, Solvents	Viruses	Anxiety, Fear, Lack of Trust, Panic, Terror, Worry	Cancer, Radiation	Cancer, Hepatitis, Herpes, Influenza, Lowered Immunity, Paranoia
<b>2 (Fragmentary Body)</b>	-	Thyroid	Oral, Reproductive	Bacterial Toxins, Parasitic Toxins	Dental Bacteria, Parasites	Embarrassment, Envy, Jealousy, Shame	-	Dental Decay, Halitosis, Impotence, Parasitic Infection, Incontinence, Reproductive System Illness, Speech Impediment, Sterility
<b>1</b>	-	Parotid	Digestive, Pancreatic	Mycotoxins (from fungal overgrowth)	Fungi	Anger, Disgust, Hatred, Rage	-	Acid Reflux, Colitis, Crohn's Disease, Fungal Infection, Hemorrhoids, Irritable Bowel Syndrome (IBS), Leaky Gut, Pancreatitis

**Figure 15: Electromagnetic Schematic 1**

This chart provides useful information, spanning the body-mind-spirit spectrum, for understanding the bioenergy blueprint of the first Electromagnetic Group identified during the development of Potentiation as a series of ecosystems.

Electromagnetic Schematic 2

Bioenergy Centers	Genetics	Gland(s)	Organ(s)	Categories			Conditions
				Toxin(s)	Micro-organism(s)	Emotions	
Master (Sole Field)	-	-	-	-	-	-	Creativity, Empathy, Gratitude, Faith, Inspiration, Love, Trust, Unity
9	DNA	Salivary	Nervous, Bladder/Kidney/Urinary	-	-	-	Incontinence, Kidney Stones, Multiple Sclerosis (MS), Neurosis, Parkinson's Disease
8	Mitochondrial DNA	Hypothalamus, Lacrimal	Sinus/Umbilic, Olfactory	-	-	-	Depression, Sinusitis, Seasonal Affective Disorder (SAD), Allergies, Sinus, Colitis, Crohn's Disease
7	RNA Thymine	Parathyroid	Digestive, Musculoskeletal, Pancreatic	Alkhaline Alkaloids, Bacterial Toxins, Fluoride, Heavy Metals, Metallic Dental Materials, Root Canal Toxins	Bacteria, Mycobacteria, Spiroplasma	Psora, Tuberculosis	Environmental Allergies, Hemorrhoids, Irritable Bowel Syndrome (IBS), Leaky Gut, Osteoporosis, Pancreatitis, Scoliosis
6	Cytosine	Pituitary, Thymus	Immune	Artificial Sweeteners, Food Additives, Food Colorings, Genetically Modified Organisms (GMOs), Processed Sugars	Intestinal Flora (includes Candida)	Gonorrhea, Psychotic	Diphtheria, Food Allergies, Immunity, Obsessive-compulsive Disorder (OCD), Paranoia, Psychosis
5	Adenine	Sweat	Auditory, Dermis, Membrane, Respiratory	Chemicals, Mechanized Fields, Microwaves, (Cellular Growth), Fungal (overgrowth), Pharmaceuticals, Radioactive Metals, Recreational Drugs, Smoke, Solvents	Fungi	Cancer, Radiation	Acne, Asthma, Bronchitis, Cellulitis, Dermatitis, Hearing Loss, Inner Ear Infection, Psoriasis, Trinitius, Vertigo
4	Guanine	Adrenal	Circulatory, Endocrine	Chlorinated Hydrocarbons, Hydrocarbons	Viruses	Syphilitic, Thujia Focal	Addiction, Arteriosclerosis, Hepatitis, Hypertension, Immunity, Opioid dependency, Endocrine Imbalances, Heart Disease, Hemophilia, Hepatitis, Herpes, Hot Flashes, Hypertension, Influenza
3	Uracil	Pineal	Brain, Central Nervous, Optical	Antibiotics, Vaccines	Homeostatic Organisms (HCOs)	Vaccination, Will	ADD/ADHD, Alzheimer's Disease, Encephalitis, Glaucoma, Insomnia, Migraine, Obsessive-compulsive Disorder (OCD)
2 (Fragmentary Body)	-	Thyroid	Oral, Reproductive	Bacterial Toxins, Parasitic Toxins	Dental Bacteria, Parasites	-	Dental Decay, Halitosis, Impotence, Parasitic Infection, Infertility, Periodontal Disease, Reproductive System Issues, Speech Impediment, Sterility
1	-	Parathyroid	Gall Bladder, Liver	-	Yeasts	-	Anemia, Cirrhosis, Gallstones, Jaundice

Figure 16: Electromagnetic Schematic 2

This chart provides useful information, spanning the body-mind-spirit spectrum, for understanding the bioenergy blueprint of the second Electromagnetic Group identified during the development of Potentiation as a series of ecosystems.

Electromagnetic Schematic 3

Bioenergy Centers	Genetics	Gland(s)	Organ(s)	Toxin(s)	Categories			Conditions
					Micro-organism(s)	Emotions	Miasms	
<b>Master (Source) Field</b>	-	-	-	-	-	-	-	-
<b>9</b>	DNA	Parotid, Salivary	Nervous, Digestive, Pancreatic	-	-	-	-	Acid Reflux, Colitis, Crohn's Disease, Hemorrhoids, Irritable Bowel Syndrome (IBS), Leaky Gut, Multiple Sclerosis (MS), Parkinson's Disease, Psoriasis, Raynaud's Disease
<b>8</b>	Mitochondrial DNA	Hypothalamus, Lacrimal	Sinus/Umbilic, Olfactory	-	-	-	-	Depression, Sinusitis, Seasonal Affective Disorder (SAD)
<b>7</b>	RNA Thymine	Adrenal	Brain, Central Nervous Musculoskeletal, Optical	Fluoride, Root Canal Toxins	Homeostatic Soil Organisms (FOSOs)	Syphilitic, Thuja Focal	-	Addiction, Alzheimer's Disease, Bipolar Disorder, Cataracts, Co-dependency, Counter-dependency, Diabetes, Dyslexia, Eczematitis, Glaucoma, Hypertension, Migraine, Obsessive-Compulsive Disorder, OCD
<b>6</b>	Cytosine	Pineal	Bladder/Kidney/Urinary	Antibiotics, Vaccines	Intestinal Flora (includes Candida)	Vaccination, Will	-	ADD/ADHD, Arthritis, Incontinence, Kidney Stones, Osteoporosis, Scoliosis
<b>5</b>	Guanine	Parathyroid	Gall Bladder, Liver	Artificial Sweeteners, Food Additives, Food Colorings, Genetically Modified Organisms (GMOs), Hormones (especially insulin overgrowth)	Fungi	Abandonment, Arrogance, Betrayal, Confusion, Pride, Rejection	-	Anemia, Cirrhosis, Diabetes, Food Allergies, Gallsomes, Hypoglycemia, Jaundice, Psychosis
<b>4</b>	Adenine	Sweat	Auditory, Dermal, Mucous Membrane, Respiratory	Processed Sugars, Airborne Allergens, Bacterial Toxins, Heavy Metals, Metallic Dental Materials	Bacteria, Mycobacteria, Spiroplasma	Psora, Tuberculosis	-	Acne, Asthma, Bronchitis, Dandruff, Eczema, Environmental Allergies, Hearing Loss, Inner Ear Infection, Psoriasis, Tinnitus, Vertigo
<b>3</b>	Uracil	Thymus	Immune	Chemicals, Mechanized Fields, Microwaves, Pharmaceuticals, Radioactive Metals, Recreational Drugs, Smoke, Solvents	Viruses	Anxiety, Fear, Lack of Trust, Panic, Terror, Worry	-	Cancer, Hepatitis, Herpes, Influenza, Lowered Immunity, Paranoia
<b>2 (Fragmentary Body)</b>	-	Thyroid	Oral, Reproductive	Bacterial Toxins, Parasitic Toxins	Dental Bacteria, Parasites	Embarrassment/Envy, Jealousy, Shame	-	Dental Decay, Helicobacter Pylori, Infectious Periodontal Disease, Reproductive System Illness, Speech Impediment, Sterility
<b>1</b>	-	Pituitary	Circulatory, Endocrine	Chlorinated Hydrocarbons, Hydrocarbons	Yeasts	Anger, Disgust, Hatred, Rage	-	Arteriosclerosis, Endocrine Imbalances, Heart Disease, Hemophilia, Hot Flashes, Hypertension

Figure 17: Electromagnetic Schematic 3

This chart provides useful information, spanning the body-mind-spirit spectrum, for understanding the bioenergy blueprint of the third Electromagnetic Group identified during the development of Potentiation as a series of ecosystems.

Figure 15 highlights a fascinating point about the chakras that has been obscured much like the actual number of chakras possessed by unpotentiated humans—which is exactly nine, not seven, twelve, or any other of the numbers bandied about—namely, that:

*Just because a chakra is located in a particular part of the body does not mean necessarily that the chakra in question is involved directly in regulating the activity of that part of the body.*

As an example, it is clear from Figure 15 that in the case of Electromagnetic Group 1, the fourth (or heart) chakra does not have anything specifically to do with the actual heart organ.

Rather, in Electromagnetic Group 1 the fourth chakra is associated with the brain, central nervous system, and the eyes. The circulatory system, which includes the heart, is paired with the fifth (or throat) chakra.

Take a moment to locate the circulatory system in Figures 16 and 17. For Electromagnetic Group 2, note that the heart indeed is paired with the fourth chakra. But in Electromagnetic Group 3, the circulatory system is associated with the first chakra.

Now, choose any gland and determine which bioenergy field and chakra connect with it in all three Schematics. Mostly likely, as with organ systems, you will find major differences in the location of glands.

Finally, have a look at the emotions associated with the three Schematics. Note how the positioning of groups of emotions relative to the bioenergy centers can change dramatically from one Electromagnetic Group to another.

Are you starting to grasp how the Electromagnetic Groups are quite distinct, bioenergetically speaking?

Obviously, and contrary to popular belief, *human beings are not all the same.*

In only three instances are all Electromagnetic Groups identical: the Master Field, the eighth field/chakra, and the second field/chakra (the Fragmentary Body).

In these three aspects of the bioenergy blueprint, information relative to the eight horizontal categories is always consistent. Otherwise, when it comes to real distinctions among Electromagnetic Groups, expect many!

## **Bioenergy Centers as Ecosystems (Revisited)**

In Part I, the concept of ecosystems as applying to the bioenergy centers was introduced. Here, we revisit this key idea, paying close attention to how to read the bioenergy centers as ecosystems.

Recall that an ecosystem is a biological community of interdependent organisms and their habitat. As shown in Figure 15, in physical terms the bioenergy centers regulate the activity of particular microorganisms in relation to specific “habitats” in the form of organs, glands, and related elements.

By locating the categories associated with the seventh field and chakra in Electromagnetic Group 1, you can begin to see how this intersection constitutes a unique ener-genetic ecosystem comprising RNA, the parathyroid gland, the urinary and musculoskeletal systems, intestinal flora, and toxins ranging from antibiotics to vaccines.

In addition to these physical elements linked to the seventh bioenergy center, Figure 15 also provides information relative to this ecosystem’s:

1. Bioenergy (the vaccination and will miasms from homeopathy);
2. Emotions (apathy, disappointment, discouragement, etc.); and
3. Potential health conditions ranging from AIDS to incontinence.

Before we examine some of the ramifications of this especially intriguing ecosystem, spend a minute or two perusing the elements connected to the seventh bioenergy center in Figures 16 and 17.

Observe the many major distinctions. The Electromagnetic Groups do not simply represent different kinds of apples. We are talking apples, oranges and grapefruits here!

*The same bioenergy centers in different Electromagnetic Groups can contain quite distinct ecosystems with a direct bearing on the physical, mental, emotional and spiritual health of group members.*

The foregoing statement helps explain why some people are made ill by certain toxins, for instance, while others appear to tolerate the same toxins without any problem.

Returning to the example of the seventh bioenergy center in Figure 15, this ecosystem leaves little room for argument as to why members of Electromagnetic Group 1 tend to suffer genetic damage from vaccines resulting in a wide variety of autoimmune conditions.

Copious research detailed by Leonard Horowitz reveals that vaccines are capable of hijacking the genetic transcription process involving RNA and using it to rewrite the DNA code with pathogenic sequences from diseased animal tissue (Figure 8).

When this occurs, DNA, which is designed as a “repair enzyme” for the body, becomes a “disrepair enzyme”—instructing the body not to heal itself, but to damage its own systems in a manner similar to the way the altered code of a computer virus can lead to degeneration of computer systems.

What Horowitz fails to realize, however, is that for this haywire situation to arise in an individual, he or she must have an ener-genetic susceptibility to being rescripted genetically by vaccines.

Homeopathy is to thank for identifying just such susceptibilities to particular types of induced illness. *Miasms, a term coined by Samuel Hahnemann, describe genetic predispositions to particular diseases that are energetic in nature.*

Below, we will have a closer look at the different miasms. But for present purposes, it is simply necessary to grasp that *with certain exceptions, for an illness to manifest, the miasm that allows the illness to come into being must be open and positioned in the correct ecosystem.*

In the seventh bioenergy center of Figure 15, the vaccination miasm is present. And all that is required to open it is ... a vaccination! This can be a vaccine that one has received personally, or one that has been inherited.

Having said this, receiving or inheriting a vaccination does not *automatically* open the corresponding miasm. But if this miasm does activate, you can be certain it was opened by a vaccine.

*To be perfectly clear, miasms have nothing to do with genetic fatalism, but simply indicate possible predictable responses on the part of the body-mind-spirit to specific traumas, toxins, and pathogens.*

When a member of Electromagnetic Group 1 is vaccinated, the disease-producing potential of the vaccination miasm can be switched on. But more than just opening this miasm is required to cause serious genetic damage.

In Electromagnetic Group 1, the fact that the vaccination miasm is located in the seventh bioenergy center is of critical importance because RNA is also in this ecosystem.

This situation allows reverse transcription to occur from the seventh to the eighth field, which regulates mitochondrial DNA and grants access

to the other parts of DNA governed by the ninth field, thereby rewriting the genetic code in a potentially devastating manner (Figure 8).

Genetic alteration from vaccines on this scale cannot occur in members of the other two Electromagnetic Groups because, as shown in Figures 16 and 17, neither of these bioenergy families pairs the vaccination miasm with RNA in the seventh bioenergy center.

While harmful toxins such as mercury and squalene contained in vaccines certainly are bad for everyone, members of Electromagnetic Groups 2 and 3 are incapable of the types of vaccine-induced autoimmune illnesses regularly observed in members of Electromagnetic Group 1.

Instead, members of Electromagnetic Group 2 typically are more robust while being prone to acute situations appearing seemingly out of nowhere, such as heart attack, while individuals belonging to Electromagnetic Group 3 can suffer from environmental and nutritional sensitivities without any clear signs of autoimmunity.

But in the case of Electromagnetic Group 1, the seventh ecosystem with an open vaccination miasm can be a recipe for interminable trouble.

The result is often one or more debilitating autoimmune conditions combined with dysbiosis of intestinal flora (Candidiasis) as well as kidney, bladder or musculoskeletal problems, topped off by an array of self-defeating negative emotional states.

Learning to interpret your own Schematic as a series of ecosystems can clarify many mysteries having to do with your health and wellness, or lack thereof.

Also, as you acquire more experience in reading all three Schematics, grasping differences in disease patterns and other distinctions related to the positioning of ecosystems in the bioenergy blueprint can assist you tremendously in determining another person's Electromagnetic Group.

## **Additional Notes on the Eight Categories**

The eight categories forming the horizontal axis of all Electromagnetic Schematics were handpicked by Leigh and myself out of dozens of categories that emerged during our intensive field testing and mapping of the human bioenergy blueprint.

The categories included in this book represent the most tangible and verifiable elements of the various ecosystems—i.e., the ones you yourself



already may know or intuit or, alternatively, can feel being activated with healing energy as described below under Time Frame for Potentiation.

**Genetics** refers to which aspects of biochemistry are present in and governed by particular bioenergy centers.

Most likely, you will not be able to sense genetic positioning at the level of ecosystems, in contrast to more palpable aspects of physiology such as glands and organs.

Nevertheless, as demonstrated above in our discussion of miasms and the seventh bioenergy center, this information can be illuminating indeed.

**Glands** are organs that secrete powerful substances, called hormones, with a wide range of critical functions in the body. Some people suffer from too much glandular activity, while others experience too little.

Since the presence or absence of specific hormones produced by glands biochemically impacts everything from sex drive to hot flashes to metabolism and energy levels, potentiators often are aware when their hormonal levels change.

In addition, individuals undergoing this work frequently smell old, rancid hormones—which are about as healthy for the tissues storing them as battery acid—being expelled through their urine, stools, and even sweat.

By identifying which bioenergy center you are in (see below) when experiencing any phenomenon possibly related to glands and their hormones, often you can pinpoint which glandular system is speeding up, slowing down, or detoxifying.

**Organs** are systems in an organism designed to carry out specific vital tasks. As examples, the reproductive system (male or female) and oral system are positioned in the second bioenergy center of all Electromagnetic Groups.

Keep in mind that organs are, in fact, *systems* composed of a number of interrelated body parts and functions. To illustrate this point, the oral system includes the mouth opening, teeth, tongue, gums, oral mucosa, and even vocal cords.

Since it is impractical to list all the elements that make up the many different organ systems, use common sense when determining whether a particular aspect of your physiology about which you may have questions belongs to one system or another.

At first glance, for instance, the jawbone might seem to be part of the oral system. But since it is a bone, and operates in tandem with other bones, it technically forms part of the musculoskeletal system.

If you are unable to tell to which organ system a body part belongs, the answer often becomes apparent the instant torsion energy moves into a particular ecosystem during Potentiation.

Returning to Figure 15, if you are Electromagnetic Group 1 and your tonsils suddenly swell up and turn bright red the instant you hit the third bioenergy center, you have just been given an indication that the tonsils are part of the immune system, which belongs to the third ecosystem.

The fact that your tonsils—in our hypothetical scenario—respond to bioenergy tracking into their ecosystem probably signifies detoxification.

As Figure 15 indicates for the third bioenergy center, the most likely pathogens being released in our theoretical detox are viruses, while toxins being expelled by the immune system can include chemicals, radioactive metals, recreational drugs, smoke, and solvents.

Your immune system is being stimulated to remove pathogenic and toxic elements first from itself and its ecosystem, then from other body parts and ecosystems that require housecleaning.

**Toxins** are poisonous substances (or less frequently, harmful energies such as microwaves and radiation) that usually are allowed to accumulate to dangerous levels in the body only as a direct result of the opening of a miasm linked to the same ecosystem.

The exception to this general definition that applies to artificial, externally introduced substances is organic toxins (parasitic toxins, mycotoxins, etc.) occurring due to internal microorganism overgrowth.

Once again using the example of the seventh bioenergy center in Electromagnetic Group 1, the opening of the vaccination miasm can “open the door” to the non-release and cellular accumulation of antibiotics, fluoride, thioethers from root canals, and the toxic cocktail mix stirred into vaccines.

As with organ systems, it is impractical to list every potential toxin that might apply to an ecosystem. On this subject, note that there are often categories within categories—as is the case with heavy metals and hydrocarbons—which subsume an array of more specific toxins.

**Microorganisms** indicate either 1) harmful pathogens along the lines of viruses, parasites, and fungi; or 2) microscopic organisms that normally exist in harmony with the body, such as intestinal flora and homeostatic soil organisms (HSOs).

Similar to the way in which toxins can build up when given the energetic green light, it is possible for both pathogens and beneficial microorganisms to proliferate when their corresponding miasm has been opened. This is precisely what occurs in the case of Candida overgrowth.

Bacteria and yeasts are broad categories that take into account both purely pathogenetic and naturally helpful microorganisms. Like pathogens, normally beneficial microorganisms can multiply and cause disease as a result of a miasm turning on in their ecosystem.

But as demonstrated by the second ecosystem, which regulates parasitic activity in the absence of any miasm, it is not always necessary for a miasm to open for pathogens to spiral out of control.

**Emotions** are (with the exception of those pure states listed for the Master Field) self-limiting feelings that, like their physiological and energetic counterparts, arrange themselves in familial groups in particular ecosystems.

It is impossible to index all potential emotional permutations in a single Schematic. If you experience an emotion that is not listed verbatim, find the emotion closest to it and add your emotion to the same ecosystem.

For example, happiness is closely related to joy and, thus, belongs in the Master Field. The same could be said for exaltation, ecstasy, and similar blissful feelings.

A blank (—) indicates a lack of any emotion whatsoever in a given ecosystem—which is just as potentially compromising for the health of the body-mind-spirit as harboring negative emotions.

Emotions (including their absence) are extremely powerful energetic phenomena that resonate so strongly in the bioenergy blueprint that it can be difficult to assign causality in their case.

*While it is possible to understand specific emotions as arising from corresponding physiological dysfunctions that belong to the same ecosystem, it often makes just as much sense to view physical problems as stemming from harmful emotional attitudes.*

If you have a health condition listed in a particular bioenergy center, you might benefit from doing some soul searching as to the related emotions. You are likely to discover that some or all of these emotions have contributed to your situation.

Making a commitment to overhaul any negative or defeatist attitudes you identify in yourself constitutes an important stride in conscious personal mastery as you learn to “follow your bliss,” to quote Joseph Campbell, while coming to love yourself and others more fully.

The result is often a more consistent, transformative experience of positive, life-affirming emotions—specifically, the ones linked to the Master Field which are integral to the Creator in all of us—combined with a marked increase in your overall wellbeing.

The core idea here—that positive emotions are essential to good health—is substantiated scientifically by the aforementioned research performed by Glen Rein on the transformational effect of such emotions on DNA.

The more time you spend feeling the energy of universal creative consciousness and unconditional love represented by the Master Field, the more you can get out of your head (ego) and into your heart (spirit).

Connecting through our heart with our Higher Self allows us to go beyond using the power of positive thinking in managing our lives epigenetically—and begin experimenting as co-creators with the *power of positive feeling* to master our experience of reality on a far more conscious, meta-genetic level (Figure 6).

The process of mastery I have just described is promoted quite naturally by Potentiation and the Regenetics Method for those willing to surrender their emotional limitations during the profound metamorphosis from victim to unity consciousness.

**Miasms** were introduced above as ener-genetic predispositions to specific patterns of illness related to the positioning of ecosystems in particular Electromagnetic Groups.

A quick review of Figures 15, 16 and 17 yields three interrelated observations concerning the ten major miasms acknowledged by most contemporary homeopaths:

1. Miasms always come in pairs within ecosystems;
2. Miasmatic pairs are always the same across all Electromagnetic Groups; and
3. Miasmatic pairs only occur in bioenergy centers 3-7, which means the first, second, eighth and ninth ecosystems lack miasms.

Without exception, the following five miasmatic pairs are “tied at the hip” in whatever ecosystem of any Electromagnetic Group they occupy:

vaccination and will  
psora and tuberculosis  
syphilitic and thuja focal

## Potentiate Your DNA

gonorrhea and psychotic  
cancer and radiation

Years of studying these dyads in the context of Regenerics has revealed that *miasmatic pairs are complementary*—with the first miasm inducing mainly physical disease, and the second miasm playing the lead role in engendering mental or emotional illness.

The vaccination miasm, when open, might lead to any number of autoimmune conditions—whereas the corresponding will miasm can encourage sustained emotions of helplessness and hopelessness leading to a perpetual state of despair.

This complementary structure repeats as an open psora miasm can result in palpable skin and mucous membrane problems, while the tuberculosis miasm often produces conditions some believe to be mentally or emotionally induced (or even created), such as asthma.

An open syphilitic miasm typically is involved in heart or endocrine problems. Its counterpart, the thuja focal miasm, often is linked to emotional imbalances running the gamut from co-dependency and counter-dependency to addiction and bipolar disorder.

When active, the gonorrhea miasm can lead to eye disease, brain and central nervous system dysfunction, food allergies, and difficulty processing sugar possibly resulting in diabetes. The paired psychotic miasm usually is implicated in severe mental illness such as psychosis.

Finally, cancer of any kind typically results from an open cancer miasm—while the radiation miasm can produce mental states such as anxiety and emotional conditions characterized by paranoia.

*More often than not, when one half of a miasmatic pair opens in a given ecosystem, its other half opens as well.*

As was the case above with regard to negative emotions and physical disease, causality here is hard to assign. Does the “physical” miasm cause the “mental/emotional” miasm to open, or vice versa?

Whatever the case, the fact that two miasms tend to kick in more or less simultaneously in an ecosystem sheds light on:

1. Why often there is a deep and abiding mental or emotional aspect to most physical disease; and
2. How mental or emotional dysfunction resonates energetically with potential physical problems that can appear as a result.

By observing miasmatic pairs in the context of particular ecosystems, the complex interplay between the material and the energetic in creating health and disease becomes patently obvious.

*You know when a miasmatic pair has opened in a given ecosystem when you can identify with any of the conditions (or related ones) listed below that belong to the same bioenergy center.*

Also, be aware that if two miasms open in one ecosystem, the next mostly likely miasmatic pair to open and start causing problems will be found in an adjacent ecosystem, either above or below.

With members of Electromagnetic Group 1, for instance, when the vaccination and will miasms become active in the seventh bioenergy center, a common scenario is for the psora and tuberculosis miasms to open subsequently in the sixth center.

This scenario illuminates how people genetically damaged by vaccines enough to exhibit symptoms of autoimmunity often begin accumulating heavy metals, particularly from their dental work.

A toxic overload of mercury and other metals from so-called silver fillings, crowns and bridges used in mainstream dentistry is both a function of the psora miasm and a desperate attempt on the part of the body to stop vaccine pathogens from proliferating systemically.

Precisely such an “unzipping” of miasmatic pairs starting with the seventh bioenergy center occurred during my own chronic illness, when kinesiological testing combined with self-assessment revealed that eight out of ten of my miasms—spanning the seventh through fourth ecosystems—were open and wreaking havoc!

Thankfully, over time Potentiation and the Regenetics Method went beyond traditional homeopathy in closing my miasms and healing the vast majority of damage they had caused.

Since the same can be said of a large number of individuals who have experienced this work, keep your chin up when contemplating your miasms and have faith that you are capable of using DNA activation to heal and transform your life.

**Conditions** comprise possible verified or intuited health problems across the body-mind-spirit continuum that, in the typical manner of ecosystem elements, form familial subgroups within a bioenergy center.

As with a number of categories explored previously, there is simply no way to list all the conditions nuanced ad absurdum by allopathic medicine that potentially relate to a given ecosystem.

Use logic when determining that your extremely rare skin disease with a polysyllabic Latin name (which is basically a rash) probably belongs to the same bioenergy center as the dermal system.

A crucial fact to grasp right off the bat when discussing the conditions indexed in the Electromagnetic Schematics is that these *conditions do not constitute or imply diagnosis.*

In no case is the information provided in Figures 15, 16 or 17 intended to diagnose any medical problem or recommend any medical treatment or course of action.

If you have been diagnosed by a healthcare professional, you can use this information in assessing:

1. Which of your miasms might be open;
2. What other factors—toxins, microorganisms, negative emotions, and so forth—might be contributing to your problem in a particular ecosystem; and
3. Which related glands and organs might be compromised and in need of fortification through proper diet and possibly other means.

If you have not been diagnosed, you still may know that you have an issue in a given area that needs addressing. If so, find the ecosystem that fits your situation and use this integrated perspective on the potential causative factors to your advantage in healing.

A second fact to keep firmly in mind here is that some people—who nevertheless may benefit greatly from Potentiation—do not have any conditions at all.

*Just because various conditions are listed for a given ecosystem that may attract your attention does not mean necessarily that you have any of these conditions.*

Third and finally, to individuals inclined to view any discussion of health conditions as focusing on the problem versus the solution, I offer that sticking your head in the sand when you know something is wrong does not by itself make anything better.

*If you just ignore something that is intended by your Higher Self as a teaching tool for spiritual growth, such as an illness, you can bet that it probably will do anything but disappear.*

The real challenge—and the real opportunity for conscious personal mastery—is to acknowledge the problem, understand your own involvement in creating it, and commit to using this information not to blame yourself, but to heal the issue en route to transforming your body-mind-spirit.

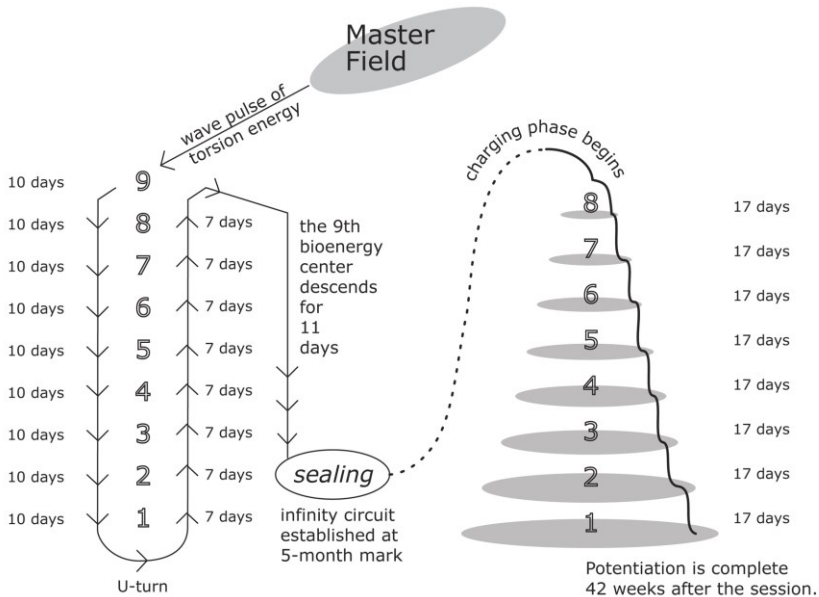
## Time Frame for Potentiation

Although the Potentiation session very well may reset the recipient's bioenergy blueprint instantaneously in the fluid domain of time-space, a reasonable period of time is required in our comparatively fixed space-time reality for repatterning to play out.

Potentiation initiates a wave pulse of torsion energy, which emanates from the consciousness field (Master Field) and immediately begins to track through the nine levels of the recipient's bioenergy blueprint over a specific gestational Time Frame (Figure 18).

It can be helpful to view the Master Field as the quantum biocomputer ("hardware") ultimately running the show, as the "software" associated with the consciousness field's meta-genetic intelligence keeps the energy on pace and moving in the right directions.

*As bioenergy flows down and up through your ecosystems, it removes distortions from, raises the vibratory frequency of and repatterns your bioenergy centers.*



**Figure 18: Time Frame for Potentiation**

The above diagram outlines the various stages of the 42-week Potentiation cycle, which starts in the ninth bioenergy center and ends just over nine months later in the first bioenergy center.



Figure 18 shows that starting in the ninth ecosystem, potentiators spend an average of ten days in each bioenergy center on the way down (9-1), then approximately seven days per center on the way back up (1-8).

This means you will spend a total of seventeen days (10 + 7) in the first ecosystem as the bioenergetic pulse reaches the bottom of the blueprint, makes a U-turn, and begins going back up.

When the energy comes full circle and the ninth ecosystem is reached again, the latter instantly begins to descend, somewhat like a cake falling, through the bioenergy centers. Note that *the second time you hit the ninth ecosystem, you do not spend any time in it.*

As shown in Figure 18, there follows a transitional period of eleven days or so as *the bioenergy centers—which, to reiterate, subsume both the bioenergy fields and corresponding chakras—recalibrate from nine to eight in number.*

During this normally eleven-day period, as the ninth ecosystem drops and fuses with the second ecosystem, a more stable bioenergy blueprint called an *infinity circuit* is created, making possible the roughly four-month “charging phase” of Potentiation.

The infinity circuit—which comes into being as the disruption known as the Fragmentary Body is sealed by the incoming bioenergy of the ninth ecosystem—is in place approximately five months (based on thirty-one days each) after the Potentiation session.

At this point, potentiators become eligible to experience Articulation Bioenergy Enhancement, the second DNA activation in the Regenetics Method, which further energizes what once was the Fragmentary Body, but now represents an important power source for ongoing healing and transformation.

Additional information on Articulation is provided in the next chapter. If you find yourself reading this chapter by itself, you can learn more about Articulation at [www.phoenixregenetics.org](http://www.phoenixregenetics.org) or [www.potentiation.net](http://www.potentiation.net).

During the charging phase that follows sealing, also illustrated in Figure 18, each bioenergy center from the eighth down progressively fills with torsion energy like a tiered fountain. You can expect to spend approximately seventeen days in each of the eight ecosystems during charging.

When you add up the time spent in the various stages of Potentiation outlined above, allowing for very small individualized differences, *the total time spent potentiating comes to just under nine and a half months, or roughly forty-two weeks: a human gestation cycle.*

I suggest that this is no coincidence. Indeed, a profound ener-genetic rebirth occurs over the course of Potentiation that is quite beyond anything most people have ever experienced.

Some potentiators have wondered whether it is possible to speed up Potentiation's Time Frame, or whether it might be accelerating on its own due to cosmic or evolutionary factors. Based on years of observation and experience, the simple answer here appears to be *no*.

Others have asked what is so special about the number 8—when the number 9 is sacred to many traditions, including Taoism, where it often signifies completion.

A helpful perspective here is that Potentiation establishes a personal infinity circuit of eight bioenergy centers that link to a ninth center. The Master Field represents the Creator and the ultimate completion that is a return to our Source's consciousness.

Because of the existence of the Fragmentary Body, an unpotentiated blueprint of nine bioenergy centers is imbalanced and connects in an unstable and awkward manner to a tenth center.

Certainly, if recalibrating to eight personal bioenergy centers were somehow unnatural, you would never know it from the enthusiastic response of so many whose health and lives have been reinvented by this work.

## **Keeping Track of the Time Frame**

As bioenergy moves through your ecosystems during Potentiation, you often can feel it—physically, mentally, emotionally, and even spiritually. It is here that your ability to read your Electromagnetic Schematic can come in particularly handy.

*A quick glance at the ecosystem the Potentiation energy is in when you experience detoxification, healing or other movement can speak volumes about what actually is happening.*

A practical example for a member of Electromagnetic Group 1 might be a so-called healing crisis that kicks off as soon as you enter the seventh ecosystem that uncannily matches the categories for that bioenergy center.

Your bladder, kidneys and bones ache. Your Candida becomes energized. Old symptoms of fibromyalgia or chronic fatigue rear their ugly heads. And a tide of emotions such as disillusionment, frustration and helplessness washes over you.

Despite not feeling so hot, you are amazed that your Schematic and Time Frame are so accurate. And it is extraordinary to *experience* how closely interwoven are the various factors (physical, mental, emotional, etc.) surfacing together connected to your condition(s).

Before Potentiation, such a situation would have been deeply disturbing. But you take comfort in the fact that in all likelihood, based on your Schematic and Time Frame, you simply are purging toxins, pathogens, traumas and negative emotions associated with the seventh ecosystem.

Fortunately, *there is an enormous functional difference between a health crisis and a healing crisis*. Within days, sure enough, you notice that you are releasing a lot of funky stuff through your stools and urine that has no business in a human body.

Within a couple more days, right about the time the Potentiation energy is transitioning into the next ecosystem, you feel cleaner, stronger and happier than you can remember feeling.

Congratulations! You have just weathered a much-needed detoxification and, as a reward, entered a *window* of relative comfort and stability!

Can you see why it is an excellent idea to chart the Time Frame for your Potentiation in your calendar or planner as soon as you start this process?

The easiest way to chart your own Time Frame is to write “9 Down” beside the date of your Potentiation, “8 Down” beside the date that falls ten days later, “7 Down” ten days after that, and so on.

By doing this immediately after your session, you will know in which ecosystem the energy is working—as well as the direction of the energy—at any given moment.

When you reach “1 Down,” beside the date that falls ten days later, write “1 Up.” Beside the date for seven days further on, write “2 Up,” followed by “3 Up” seven days after that, etc.

When the energy arrives at the ninth ecosystem again, write “Sealing Begins” and count eleven days before writing “Sealing Ends: Charging 8 Down.”

This latter entry indicates that 1) your ninth and second ecosystems have become one in the second bioenergy center; and 2) the charging phase has begun with the eighth ecosystem.

Count seventeen days and write “Charging 7 Down,” seventeen more days and note “Charging 6 Down,” and so on. Seventeen days after

the date for “Charging 1 Down,” you will have completed your Potentiation!

## **The Fragmentary Body after Sealing**

Detailed perspectives on the Fragmentary Body were provided in Parts I and II of this book.

Here, I simply wish to emphasize that after sealing, you no longer have a Fragmentary Body. Nor do you have a ninth bioenergy center (ignoring the Master Field).

*In place of the Fragmentary Body and your old ninth bioenergy center, occupying your second bioenergy center from the bottom, is a completely new ecosystem.*

For all Electromagnetic Groups, added to the elements listed for the former Fragmentary Body, this new ecosystem now controls DNA as well as the nervous system.

Additionally, this freshly sealed bioenergy center includes the emotions of atonement, deprivation, resentment, sense of being trapped, and unforgivingness.

Beyond these similarities, when it comes to glands, organs and conditions, the exact nature of this new ecosystem can differ significantly from one Electromagnetic Group to another.

*When reading your sealed second bioenergy center, simply add all of the elements from your old ninth ecosystem, as listed in your Electromagnetic Schematic, to the elements indexed for the second ecosystem.*

## **Intentionally Become the Creator**

To conclude our exploration of Era II tools for promoting conscious personal mastery in tandem with the Regenetics Method, I will share a few thoughts relative to intention before outlining a series of consciousness-expanding exercises you can practice on a daily basis.

It is exceedingly important to respect the power of intention for healing and transformation. This is especially true in the context of Potentiation and the Regenetics Method—which by raising your personal frequency, magnify the power of your intention exponentially.

Intention is a cornerstone of manifestation, a vibration that bridges realities and attracts like energies. Intention links internal experience with external creation and is a driving force behind healing and transformation.

Every intention is an assertion of personal power and potentially an expression of your real reason for being here.

Focusing on what you truly want to achieve in life, on what does or would fulfill you, rather than fixating on problems or obstacles, is the best way to maintain intention for healing and transformation.

Of course, it is appropriate to acknowledge problems and obstacles, as well as the need to transcend them in order to heed your higher calling.

But know that *positive intentional energy moves mountains, whereas continuous focus on negatives makes mountains.*

Greatly exceeding the reach of any purely mental wish, *genuine intention is imbued with the power of positive feeling.* Living in the present as you want to live, emotionally speaking, is so potent an act that it draws into itself the very future you are energizing.

If you do not in some sense *feel* what you long to achieve, you are not putting your heart behind your intention—and your results will diminish accordingly.

The most effective way to create what our heart desires is simply to become the Creator. We *are* the Creator at our core, so why not drop false beliefs about who we are and the resultant emotive distortions (re: the emotions tied to our individual ecosystems) and live this metamorphic truth?

In the stirring words of Marianne Williamson, “You are a child of God. Your playing small doesn’t serve the world. There’s nothing enlightened about shrinking so that other people won’t feel insecure around you. We were born to make manifest the glory of God that is within us.”

So how *do* we become the Creator? Quite simply, we feel what the Creator feels. And what *does* the Creator feel?

The Creator feels the emotions—and many more that are similarly expansive and uplifting—listed for the Master Field in all Electromagnetic Schematics: creativity, empathy, gratitude, faith, inspiration, joy, love, trust, and unity.

The more time we spend experiencing these and related positive feelings, the more we move forward on our path of conscious personal mastery toward embodying the Creator.

“Embodying the Creator” is just another phrase for becoming whole—which means healing, and ultimately transforming, our lives.

With the above thoughts on intention and conscious personal mastery in mind, I suggest that the following series of exercises quoted from the unparalleled intuitive source known as *The Law of One*, practiced regularly, will help you like nothing else in integrating and maximizing the energies of Potentiation:

*Exercise One. This is the most nearly centered and useable within your illusion ... The moment contains love. That is the lesson/goal of this illusion ... The exercise is to consciously see that love in awareness and understanding distortions. The first attempt is the cornerstone. Upon this choosing rests the remainder of [your] life-experience. The second seeking of love within the moment begins the addition. The third seeking empowers the second, the fourth powering or doubling the third ... [T]here will be some loss of power due to flaws within the seeking in the distortion of insincerity. However, the conscious statement of self to self of the desire to seek love is so central an act of will that ... the loss of power due to this friction is inconsequential.*

*Exercise Two. The universe is one being. When a [person] views another [person], see the Creator ...*

*Exercise Three. Gaze within a mirror. See the Creator.*

*Exercise Four. Gaze at the creation which lies about ... each [person]. See the Creator.*

*The foundation or prerequisite of these exercises is a predilection towards what may be called meditation, contemplation, or prayer. With this attitude, these exercises can be processed. Without it, the data will not sink down into the roots of the tree of mind, thus enabling and ennobling the body and touching the spirit.*

The mention of the importance of a “predilection towards ... meditation, contemplation, or prayer” speaks to a way of being, an internal intention to be present in the Now, not a rote activity.

Eventually, if you are performing them correctly, meditation, contemplation and prayer should cease to be isolated events and, instead, inform every moment as you go about activating your potential and living to the fullest.

When I shared these exercises with members of the Regenerics Method Forum, someone recommended a fifth exercise that seemed to encapsulate the other four and round them off beautifully:

*Exercise Five. While doing the four exercises above, think or say, “I love you. I am you.”*

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